

LinkedIn Learning March 2025 Challenge

The LinkedIn Learning March Challenge kicking off March 10, is focused on learning strategies to foster open, respectful, and productive conversations.

Challenge yourself to complete each day's short learning opportunity, each can be completed in just 5 minutes.

Follow these steps to participate:

- * Print or save the attached calendar * Complete each day's learning challenge * Reflect on your experiences
- * Practice, take what you have learned and put it into practice!

Monday	Tuesday	Wednesday	Thursday	Friday
10 <u>Feedback mastery</u> <u>through active</u> <u>listening</u>	11 (R)What do you find challenging about active listening?	12 <u>How you ask</u> <u>questions</u>	13 (P) Pause before responding in your next conversation	14 <u>Strategies for</u> <u>fostering</u> <u>constructive</u> <u>dialogue for difficult</u> <u>conversations</u>
17 (R) How do you approach conversations?	18 <u>Tough</u> <u>conversations</u>	19 (R) How do your own biases or assumptions impact the way you engage in conversations?	20 Learn best practices to prepare for a difficult conversation	21 (P) Ask open-ended questions to better understand another's viewpoint.
24 Asking questions that facilitate dialogue	25 (R) How do you handle disagreements?	26 <u>The fundamentals</u> <u>of a good</u> <u>conversation</u>	27 (R) What qualities do you believe are essential for a conversation to be truly meaningful?	28 How to keep yourself from interrupting
31 (R) What is the most valuable insight you gained and how will you apply it in your future dialogues?	Bonus: <u>Learn</u> <u>about Dartmouth</u> <u>Dialogues</u>	(R) Reflection Prompt (P) Practice Prompt		DARTMOUTH